



## New York Academy of Art Travel Policy

**Updated March 7, 2020**

Gov. Andrew Cuomo has declared a state of emergency for New York State. As a result the Academy has updated their policy on international travel to include a recommendation to those who have close contact with anyone traveling to the United States from China, Italy, Iran, and South Korea to self-quarantine themselves for 14 days. This is in addition to the recommendation that the traveler stay home for a period of 14 days from the time they left an area with widespread or ongoing community spread.

The Academy is instituting a policy on international travel that is inline with recommendations from the Centers for Disease Control and the efforts to slow the spread of Coronavirus (COVID-19). Depending on your travel history, you will be asked to stay home for a period of 14 days from the time you left an area with widespread or ongoing community spread (Level 3 Travel Health Notice).

Countries that have a Level 3 Travel Health Notice (widespread, ongoing transmission):

- China ([Level 3 Travel Health Notice](#))
  - More information for [Travelers from China arriving in the United States](#)
- Iran ([Level 3 Travel Health Notice](#))
- Italy ([Level 3 Travel Health Notice](#))
- South Korea ([Level 3 Travel Health Notice](#))

**Stay home for 14 days from the time you left an area with widespread, ongoing community spread (Level 3 Travel Health Notice countries) and practice social distancing.**

Take these steps to monitor your health and practice social distancing:

1. Take your temperature with a thermometer two times a day and monitor for fever. Also watch for cough or trouble breathing.
2. Stay home and avoid contact with others. Do not go to work or school for this 14-day period. Discuss your situation with the Academy before returning to school.
3. Do not take public transportation, taxis, or ride-shares during the time you are practicing social distancing.
4. Avoid crowded places (such as school, shopping centers and movie theaters) and limit your activities in public.
5. Keep your distance from others (about 6 feet or 2 meters).

## **What To Do If You Get Sick**

If you get sick with fever (100.4°F/38°C or higher), cough, or have trouble breathing:

- Seek medical care. Call ahead before you go to a doctor's office or emergency room.
- Tell your doctor about your recent travel and your symptoms.
- Avoid contact with others.

If you need to seek medical care for other reasons, such as dialysis, call ahead to your doctor and tell them about your recent travel to an area with widespread or ongoing community spread of COVID-19.